

National Nurse Week, May 6– 12, 2017

National Nurses Week is celebrated annually from May 6, through May 12, the birthday of Florence Nightingale, the founder of modern nursing.

Often described as an art and a science, nursing is a profession that embraces dedicated people with varied interests, strengths and passions because of the many opportunities the profession offers. As nurses, duties can include working in emergency rooms, school based clinics, physician offices and homeless shelters, to name a few. Nurses serve in many roles – from staff nurse to educator to nurse practitioner and clinical coordinators – and serve all of them with passion for the profession and with a strong commitment to patient safety. SCH would like to recognize all of our wonderful nurses!

Alisha	Bennett	NP	Kristie	Gerner	RN	Qahneisha	Fogle	LPN	Tyra	Lynn	LPN
Susie	Brown	NP	Nancy	Hanzel	RN	Lisa	Gaylord	LPN	Christy	Martin	LPN
Mary	Buck	NP	Amara	Hunt	RN	Lanecia	Givens	LPN	Courtney	Miles	LPN
Tracy	Cobb	NP	Ifunanya	Ifezulike	RN	Lauren	Givens	LPN	Amber	Mills	LPN
Kerri	Cook	NP	Barbara	Lutz	RN	Vera	Green	LPN	Katina	Moody	LPN
Haley	Dickerson	NP	Therese	Sheehan	RN	Kiara	Griffin	LPN	Kena	Richardson	LPN
Gretchen	Eichenlaub	NP	Linda	Warner	RN	Brittany	Halota	LPN	Melody	Roberson	LPN
Sarah	Ellis	NP	Renata	Yeager	RN	Teresa	Hamby	LPN	Janet	Speicher	LPN
Chelsey	Hershfield	NP	Megan	Balcom	LPN	Michelle	Hicks	LPN	Kelly	Stahl	LPN
Sandra	Jones	NP	Pearl	Balcom	LPN	Jonell	Holmes	LPN	Nicole	Starnes	LPN
Elizabeth	Lee	NP	Carolyn	Blanton	LPN	Judith	Irvin	LPN	Jackie	Tariq	LPN
Dawn	Mace	NP	Jennifer	Bouck	LPN	Yolanda	James	LPN	Lacey	Thompson	LPN
Ashley	McBride	NP	Ashley	Braxton	LPN	Heather	Johnson	LPN	Christine	Vacheresse	LPN
Courtney	Morton	NP	Jackie	Brown	LPN	Jessica	Jones	LPN	Kay	West	LPN
Robin	O'Hern	NP	Cheryl	Carey	LPN	Aaron	Keith	LPN	LaShell	West-Dixon	LPN
Judy	Ochsner	NP	Crystal	Carter	LPN	Dwayne	Kicklighter	LPN	Annie	White	LPN
Courtney	Pierre	NP	Nancy	Carter	LPN	Jameka	Kirkland	LPN	Sharon	Wiley	LPN
Jennifer	Price	NP	Melanie	Combs	LPN	Margaret	Landrito-Barfield	LPN	Tracey	Will	LPN
Karen	Reed	NP	Rachel	Cox	LPN	Laura	Lewis	LPN	Heather	Yuill	LPN
Rachel	Schwartz	NP	Angela	Curry	LPN						
Christine	Swords	NP	Mary	D'Ottavio	LPN						
Tammie	Walz	NP	Andrea	Davis	LPN						
Sarah	Warren	NP	Valerie	Davis	LPN						
Shelia	Williams	NP	Michelle	Diah	LPN						
Jessica	Wren	NP	Bonnie	Fargason	LPN						
Pamela	Barker	RN	Dianna	Flagella	LPN						



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SouthCoast Health Physician and Practices Receive Honors from Best of Bryan and Best of Effingham Awards

SouthCoast Health recently received multiple honors from a pair of award ceremonies. The Best of Bryan and Best of Effingham awards --online contests presented by *Bryan County Now* and *Effingham Now* newspapers, respectively-- celebrated the top businesses and organizations of 2016 in each area.

The Best of Bryan presented **SouthCoast Health Pediatrics in Richmond Hill** with the best pediatrician award. **Dr. Keith Seibert**, a Richmond Hill-based pediatrician, won best physician. The Best of Effingham honored **SouthCoast Health Pediatrics in Rincon** with the award for best pediatrician.

Readers chose the winners, and winning was no easy feat. These contests offered a total of 60 different best-of categories in each newspaper's special edition, providing stiff competition. Contest rules stipulated all voters had to submit online ballots. Those ballots required a minimum of 30 categories completed to be eligible.

SouthCoast Health is extremely proud of the Richmond Hill and Rincon pediatric practices, as well as Dr. Seibert. Dr. Seibert won Best of Bryan's best pediatrician award in 2014 and 2015. In 2014, *Savannah Magazine* recognized him as best pediatrician. *Bryan County News* chose Dr. Seibert as a Bryan's Favorite pediatrician in 2015. 2016 marks the first time SouthCoast Health Pediatrics practices at Richmond Hill and Rincon have won these awards.

All of our locations and doctors work tremendously hard. SouthCoast Health Pediatrics at Richmond Hill and Rincon, and Dr. Seibert deserve this honor. Congratulations!



CLINICAL STAFF


Beginning this month, employees and managers will receive alerts to let them know that their TB/Hep B/CPR is due within 30 days. Alerts will be sent to email addresses that we have on file.

CPR classes are offered one Saturday out of each month.

If you need to update your email address, please forward to psscott@southcoastmedical.com.

HEARTSAVER CPR AED

Heartsaver®
CPR AED



American Heart Association®

2017 CPR Dates

Jan 14	May 13	Sept 9
Feb 11	Jun 10	Oct 14
Mar 1	July 8	Nov 11
Apr 8	Aug 12	Dec 9

HR CORNER

Looking to move up without moving out???

... check out some of the job openings available right here at SCH!

- Network Support Specialist
- Medical Office Manager
- PRN Pharmacy Tech
- Patient Rep-Eye Care
- Patient Care Coordinator
- MA/LPN OB
- Lab Assistant
- PRN MA/LPN
- LPN-Main Campus/310 Peds
- Registered Dietitian
- Medical Lab Tech

SCH In The Know...

**Kudos to all of SCH staff members who participated in the
2017 Susan G. Komen Race for the Cure Walk!**



SCH Health Tips...

Shopping at the grocery store can be intimidating if you are trying to shop healthy. High-calorie temptations beckon on every aisle and at the checkout counter and the best choices aren't always obvious.

The first step to eating a healthier diet is smart grocery shopping. Follow these tips to navigate your way to more nutritious menus.

Make a grocery list: Going to the store without a list is one of the biggest mistakes people make. Plan ahead of time to be sure you fill your cart with healthy foods and not unhealthy impulse buys.

Don't shop on an empty stomach: If you're hungry when you shop, you're likely to make poorer choices, such as reaching for high-fat, high-calorie snack foods or sweets. Consider eating a piece of fruit beforehand. People who were given an apple slice before grocery shopping bought 28 percent more fruits and vegetables than those who were offered a cookie, shows research from Cornell University.

Stick to the store's perimeter: Most processed and junk foods are placed on the store's central aisles. You should be loading up on whole foods like colorful fruits and vegetables, dairy products and whole grains, typically located on the edges of the store.

Put a rainbow in your cart: Bold colors in fruits and vegetables—dark green, red, orange, yellow and purple—signal the presence of disease-fighting properties. Aim for a wide variety of produce to provide a balance of different vitamins and nutrients.





May 2017

ANNIVERSARIES

1 Years

Joy Hawkins
Velma Russell
Tanasha Roberts
Desneiges Gonzales
Kristen Vining
Lindsay Cribbs
Brandy Traywick
Shonique Wright
Samantha Carter

2 Year

Dawn Young Robertson
D'Jenie Bayard
Amanda Allen
Gabrielle Steward
Nicole Starnes
Patricia Hunt
Nicole Aguillard

3 Years

Dr. Lawrence Odom
Hollye McAdams
Angel Thomas
Vi Khuu
Tanya Smith
Alexis Byrd
Joseph Hires
Brittany Stroud
Javier Bruno
Shawn Kong
Michelle Henderson
Sandra Rucker

4 Years

Dr. Edward Sammons
Catherine Whiddon
Dwayne Kicklighter

5 Years

Lindsey Westendorf

6 Years

Dr. Michael Cohen
Katrina Adkins

7 Years

Shana Macon
Chakeima Bigham
Brittany Edge

9 Years

Jamila Joshua
Sherry Harrelson

11 Years

Dee Pace

12 Years

Teresa Chiariello

14 Years

Kimberly Velasquez

16 Years

Tim Harper
Janice Graves

17 Years

Tina Smith

18 Years

Evonne Smith

BIRTHDAYS

1 Heather	Fields	15 Sannette	Pusha
2 Gary	Davis	15 Jamie	Natal
2 Megan	Shoemaker	16 Lennette	Griner
3 Christina	Gillespie	16 NeShea	Jones
4 Salena	Grissette	16 Jennifer	Bouck
4 Naomi	Roberts	16 Shawn	Kong
4 Dr. Todd	Lanier	17 LaShell	West-Dixon
4 Laura	Lewis	17 Madison	Tyran
4 Sheree	White	17 Andrea	Davis
4 Valerie	Figuroa	18 LoToria	Roberson
5 Maria	Etzle	19 Dedra	Rice
5 Dawn	Young Robertson	19 Rodean	Brown
6 Dr. Braxton	Fields	19 Kristy	Kearson
7 Joseph	Hires	19 Angie	Jones
7 Chavatica	Taylor	20 Alice	Womble
8 Virginia	Simmons	20 Gina	Minally
8 Chelsea	Olson	21 Miesha	Ash
9 Sierra	Graveley	21 Tracy	Cobb
9 Emily	Anderson	21 Jessica	Work
9 Velma	Russell	23 LaShonda	Bailey
10 Kena	Richardson	24 Sandra	Latta
10 Katierine	Height	24 Courtney	Miles
10 David	VanVleck	24 Chelsey	Kennedy
11 Regina	Bryan	25 Taisha	Jackson
11 Christine	Vacheresse	26 Fred	Payne
11 Linda	La Force	26 Stephanie	Campbell
12 Dr. Richard	Hightower, Jr	27 Brittany	Horton
12 Haley	Dickerson	28 Cynthia	Lampp
12 Hollie	Ellington	28 Lacey	Thompson
12 Demetrica	Brooks	29 Dr. Keith	Seibert
12 Kinjal	Patel	30 Felecia	Griffin
14 Ravin	Parker	30 Kay	West



Reminders...

Just a reminder to logon to www.healthgram.com to see your current points and items you have completed. Please remember that you must complete the online HRA (Health Risk Assessment) & Wellness Agreement each year in order to earn the HSA incentive.



Evaluation

- OUTSTANDING
- Excellent
- Very Good
- Average
- Below Average

Also, a reminder that a minimum of 6 LMS courses must be completed by June 2nd in order to be in compliance for performance evaluations.