

# **Employee of the Quarter**

The Employee of the Quarter Program recognizes SouthCoast team members for outstanding accomplishments and/or contributions to SouthCoast and its mission statement. Eligible employees must display superior performance, innovative improvements, excel in his/her quality of work, and contribute to the SouthCoast core values. Nominations are submitted by the SouthCoast management team and then reviewed by the Executive Committee. The Executive Committee recognizes three employees from the following categories: clinical, administrative support, and clerical staff. Employee of the Quarter winners are eligible for Employee of the Year.



## **Evonne Smith—Lab Assistant**

Evonne always makes sure that the patients come first. She goes out of her way to personally ensure that their needs are met; patients will wait on her if she is busy with another patient. She is the go to person for difficult blood draws and is rarely ever unsuccessful. Evonne is very thorough and completes all assigned task in a timely manner. She is always willing to assist co-workers and staff with whatever their needs are. She is reliable and a valued member of the team!



## Caleb Davis—Physical Therapy Tech

Caleb arrives early each day to open the clinic and prepare for the day. He is always volunteering to assist staff throughout the office. He constantly and effectively works with other offices to ensure we have correct documentation related to insurance, scheduling, etc. Caleb's attention to detail allows him to focus on a task until completion. Caleb truly has an unique gift that allows patients to feel that they are in good hands!



## Brandy Traywick—Information Technology

Brandy always puts the customer and team first, showing the highest degree of courtesy and sensitivity to their needs. She responds immediately to customers and team members. Brandy is always willing to assist network users at all costs. Brandy ensures she is at work earlier or later than her scheduled time, when projects require time restraints. Brandy has taken on several self-initiative projects to work on reports and ways to clean up the PACS environment. She is a great team player!

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## SOUTHCOAST HEALTH WELCOMES TWO NEW STAFF MEMBERS...

Please welcome our new Manager of Quality Initiative, **Suzanne Cosby!** Suzanne is a third generation Savannah native. She began her collegiate career at Armstrong State University where she obtained an associate's degree in general studies with a minor in information technology services. She began working with Armstrong State University in the computer science department to bring technology for online classes to students and professors.

She has worked at Memorial Health and St. Joseph's/Candler in many different roles while in school to receive her bachelors in Nursing from Armstrong State University, where she also completed her Masters in nursing. Her goal is to return soon to pursue a doctorate of Nursing Practice.



Suzanne Cosby, MSN, RN, CCRN-K

Suzanne enjoys spending time with her fiancé, his 12 year old daughter and Molly her 13 year old black lab. She loves the beach, movies, reading, writing, and shopping. Suzanne looks forward to new challenges and new beginnings with SouthCoast Health. She is excited to start on July 10th and looks forward to meeting new people and learning new skills.



Elizabeth Hesley, MS, RD, LD

Elizabeth Hesley joins the team as SouthCoast's dietitian. She earned her Masters of Science in Human Nutrition from Winthrop University in Rock Hill, South Carolina. She has always been fascinated with how food interacts with the human body. Elizabeth loves educating patients about nutrition and getting to witness the progress towards their goals. Whether its diabetes management, weight management, blood pressure management or any other food related issue, she looks forward to helping the patient make smart choices to improve their overall well being. Elizabeth enjoys yoga, spending time with friends and family at the beach and taking evening strolls through the many historic squares and parks in Savannah.

#### SCH In The Know...

Congratulations SCH ...We held our very first job fair on June 28th and it was a great success! We received many qualified candidates from over 200 candidates that attended!

Many thanks goes out to each and every person that helped make this a job fair success!

The month of July will be our "Back To School Drive" month! We are asking for gently used uniforms, book bags and school supplies. All supplies will need to be turned in by July 21st, in order to be distributed before the first day of school on August 3rd. These items will also be available to any of the SCH staff that may be in need, SCHOOL your information will be kept completely confidential.

You can contact Peron Scott at 912-303-3550/ext.8550.

## SCH Employee Spotlight...

Kudos goes out to Phyllis Greene, Lab Assistant at our Pooler location! Phyllis took time out of her busy schedule to assist Care Network with explaining SouthCoast Health's quality control procedures...







## Looking to move up without moving out???

... check out some of the job openings available right here at SCH!

- PTE Patient Rep.-Hinesville/HH
- EMR Trainer
- Office Manager- OB
- Patient Care Coordinator
- Lab Assistant

- PRN MA/LPN
- LPN-Main Campus/310 Peds
- Medical Lab Tech
- PRN Nuclear Med Tech
- PTE Nurse Practitioner



## HAVE YOU REFERRED A NEW HIRE?

...that is looking for a new opportunity

...that would be a good coworker

...that you would recommend SouthCoast to as a great place to work



Four Easy Steps to earn \$100.00!!!	
STEP 1	Check the job openings list in your office
STEP 2	Tell your supervisor the name of the person you are referring for the job
STEP 3	Tell your referral to put <u>your name</u> in the "Referred by" section on the New Hire Information form completed during New Hire Orientation.
STEP 4	If your referral successfully completes the hiring process and works for 90 days, <i>you get \$50!</i>

## SCH Health Tips...

Temperatures are soaring and the sun is shining, which means swimming, picnics and other outdoor adventures. Before you go outside, it's important to protect your skin.

Skin cancer is the most common form of cancer with more than 5.4 million cases diagnosed in the U.S. each year. According to the American Cancer Society, some of the biggest risk factors for skin cancer include exposure to ultraviolet (UV) rays (from the sun or tanning beds) and severe sunburns. To protect your skin, practicing sun safety is essential.



Sunlight is the main source of UV light. For the best protection, avoid exposure when the sun's rays are the strongest, which is usually between the hours of 10 a.m. and 4 p.m.

The American Cancer Society advocates a Slip! Slop! Slap! Wrap! approach to sun safety: Slip on a shirt, slop on sunscreen, slap on a hat, wrap on sunglasses. Remember, UV light is present even on cloudy days so don't skip sun protection if it's overcast outside.

When it comes to sunscreen, look at the sun protection factor or SPF. The SPF number protects against UVB rays that cause sunburn. A sunscreen with SPF 15 filters out 93 percent of UVB rays; SPF 100 filters out about 99 percent of UVB rays.

It's also important to look for sunscreens with terms like broad spectrum, multi-spectrum of UVAUVB protection on their labels, which means the formulations have been tested to protect against UVB and UVA rays, which also penetrate the skin.

Apply sunscreen liberally, using about one ounce, or the equivalent of a shot glass full, and reapply every two hours. If you're sweating or swimming, you may need to reapply more often; read the label for instructions. Check the label for the expiration date, too. Sunscreen that has been sitting around in a bathroom cabinet may no longer provide effective protection.

In addition to wearing sunscreen, consider clothing, including bathing suits, made of sun-protective fabrics. The labels will tout their UV protection factor or UPF, which uses a scale from 15 to 50 (and sometimes higher) to show how much protection the fabric provides from the sun's rays. Or, choose clothing like lightweight long-sleeved shirts and pants that cover the skin.

A wide-brimmed hat is another sun essential. The skin on your ears, forehead, nose and scalp are often exposed to intense sun; a hat prevents UV rays from hitting these sensitive areas. Sunglasses, especially those that block UV light, offer even more protection.

When you're outside, seek out the shade. Remember, even if the sun isn't beating down on you, you still need protection!

As you enjoy the dog days of summer, make sure your skin is protected from the sun.



# **July 2017**



Hicks

Givhan

#### 1 Years

Antoinette Brown Robin O'Hern Stephanie Campbell Taisha Jackson Ashley Harris

#### 2 Years

Dr. Nathan Fergus Shamonnica Smith Karen Dewberry Rebecca Robinson

#### 3 Year

Dr. Leland Dampier Dr. Braxton Fields Dr. Sabin Tomus Brittni Barrett Yteshia Jackson Rebecca Wells Angela Bradley Haley Dickerson Rachael Crawford Felicia Waters Amy Mathis Ashley Shaw Treasure Esteves

#### 4 Years

Dr. Garrett White J'Lisia Thompkins Nikki Robinson

#### 5 Years

Dr. Jami Scanlon Lillie Simmons Angela Grayson

#### 6 Years

Keshia Lanigan Gillian Dwyer

#### 7 Years

Dr. Victor Rosenfeld

#### 8 Years

Emily VanBrackle

#### 9 Years

Kimberly Baker Latosha Lee

#### 10 Years

Kimberly Butler Dana Mason Virginia Simmons

#### 11 Years

Dr. Todd Lanier Avis Knowles Daphne Wall Minh-Hieu Tran

#### 12 Years

Sharon Wiley Jackie Tariq

#### 13 Years

Dr. Christopher Oldfield Dr. Stephen Yeager Renata Yeager Patty Patrick

#### 14 Years

Dr. Troy Murphy Contina Williams

#### 15 Years

Michael Bennett Julie Harmon

### 16 Years

Michelle Riley

#### 18 Years

Brenda Lewis Dr. Robert Weeks

#### 19 Years

B.J. Sanders Dr. Robert Remler

#### 21 Years

Dr. Theodore Geffen Dr. Robert Grant Dr. Wallace Holland

Dr. Robert Jones

Dr. Harresh Dulamal Dr. Jules Victor

Dr. Ben Watson

Dr. Leonard Wojnowich

John Marrero

Cherie Bowers Cecile Brazzell

Sarah Butterfield Bonnie Fargason

Stacy Donovan Pam Gould

Barbara Lutz Therese Sheehan

Scott Snyder

Andrea Cardinal Bonnie Wilson

Sallie Cunningham

2 Kawanza 2 Melanie 3 Heather 4 Latrice 5 Tim 5 Cindy 5 Jessica 5 Nicole 6 Jocelyn 6 Miracle 8 Brittany 8 Edward 8 Anistashia 8 Gabby

8 Tanya

9 Amanda

11 Dwayne

11 Sharese

13 Christine

14 Dee

14 Latangi

14 Sandra

15 Michael

15 Jacqueline

13 Dr. Michael

Mainor Burns Edge Kowalewski Knight Steward Mullings Allen 10 Dr. Stephen Yeager Kicklighter Henry Swords Cohen Pace Craddock

Jones

Tootle

Bennett

Jackson-Austin

Combs

Rayborn

Harper

Udinsky

Capers

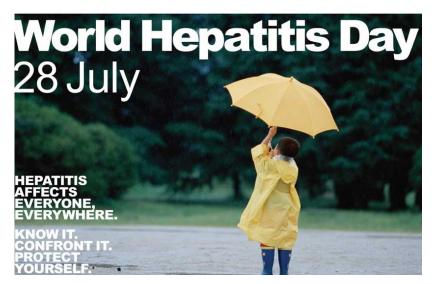
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Yuill

16 Marlyn Rivera 16 Catherine Whiddon 16 Kvra Rollvson Groover 16 Melissa 17 Nicole Dunn 18 Julie **Phipps** 18 Dr. Ryann Cowart 20 Elizabeth Lee 20 Kimberly Baker 22 Dr. Regina Dandy 23 Robbie Williamson 24 Dr. Robert Jones 24 Jessica Gibbs 24 Jamie Mincey 25 Natisha **Nichols** 25 Christina Curry 26 Dr. Donald Cobb 27 Dr. Benjamin Watson 27 Tiffani Cook Scriven 28 Reaguila 29 Thomas Zecchin 29 Latisha Hurd 30 Christina Wigley

30 Michelle

31 Saprina



SCH Clinical Staff...make sure you have taken your Hep B vaccine or completed your series!