

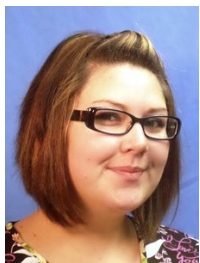
## Employee of the Quarter

The Employee of the Quarter Program recognizes SouthCoast team members for outstanding accomplishments and/or contributions to SouthCoast Health and its mission statement. Eligible employees must display superior performance, innovative improvements, excel in his/her quality of work, and contribute to SouthCoast's core values. Nominations are submitted by the SouthCoast management team and then reviewed by the Executive Committee. The Executive Committee recognizes three employees from the following categories: clinical, administrative support, and clerical staff. Employee of the Quarter winners are eligible for Employee of the Year.



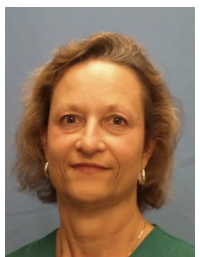
### Glynda Anderson - Patient Representative, Eye Care

Glynda has the knowledge to work as a Patient Representative and as an Opt Tech. Her knowledge and years of experience is extremely helpful in helping Eye Care run smoothly. Glynda understands how her job effects the flow of the department, she is able to multi-task and always willing to step in and help. She treats everyone with respect, passion and empathy. Glynda always put the patients needs first!



### Keshia Vail - Referrals, 310 Peds

Keshia is always available to help her co-workers and always looking for ways to help meet our patients needs. She is very compassionate and caring when it comes to our patients. Keshia is always 100% with her procedures, labs and referrals. Keshia sets a very good example for her co-workers to follow, she always wears a smile and keeps a positive attitude. She goes from station to station asking if anyone needs help. Keshia is a valuable part of the Pediatric team!



### Judy Irvin - Licensed Practical Nurse, Bldg. 2

Judy is a very caring person and treats her patients as if they were a part of her family. She listens to what her patients needs are and works well with her providers. She is on task at all times and gets the job done, all while having a positive attitude and never complaining. Judy is a team player and does not mind helping others whenever needed. Judy is an excellent employee and a great example of what we want our nurses to be like at SouthCoast!

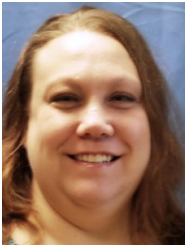
#### IN THIS ISSUE:

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- Brest Cancer Awareness
- Medical Asst. Recognition
- Munch and Learn
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- Manager of the Year
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October is  
**Breast Cancer  
 Awareness  
 Month**

# SouthCoast Health Welcomes Our September New Hires



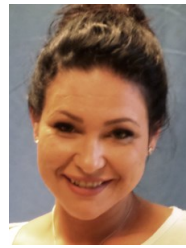
**Leigh Javis**  
Insurance Verification Spec.,  
Imaging



**Katie Nunally**  
Rad Tech,  
Imaging



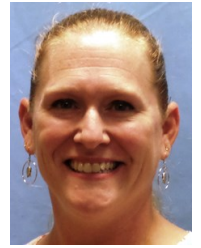
**LeKrya Smith**  
Physical Therapy Tech,  
Physical Therapy



**Jessica Young**  
Licensed Practical Nurse,  
Eisenhower, Bldg. 1



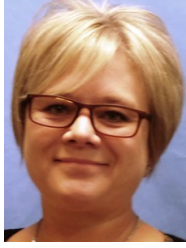
**Ben McLaughlin**  
Rad Tech,  
Imaging



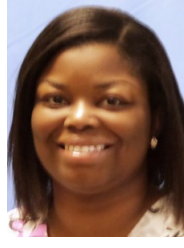
**Heather Cary**  
Scheduler,  
Imaging



**Kavita Coleman**  
Patient Representative,  
PRN Pool



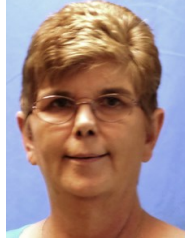
**Lori Monczewski**  
Patient Representative,  
Eye Care



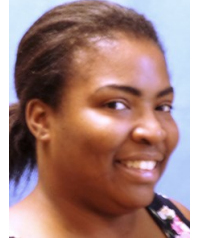
**Kelli Phelps**  
Certified Medical Asst.,  
OB/GYN



**Melody Power**  
Scheduling Supervisor,  
Imaging



**Sharon Solt**  
Medical Coder,  
OB



**Nakita Wade**  
Medical Asst.,  
Eisenhower, Bldg. 1

## SouthCoast Health's Urgent Care and Peds Department Welcomes Three New Nurse Practitioners



**Pam Stewart**, Nurse Practitioner for our Richmond Hill Urgent Care was born in Perry, Florida. She graduated in 1996 from Armstrong Atlantic State University with her BSN, she received her MSN from University of Phoenix in 2009, and her MSN-FNP from South University in 2018. After working in leadership roles and behind the scenes for over 20 years, Pam became a Nurse Practitioner to have more patient time and to help them take better care of themselves.

Pam is married, with two adult daughters, three dogs and one cat. Pam describes herself as funny, happy and encouraging. She loves learning, being with her daughters and time alone with her husband whenever time permits.



**Haley Conaway** will be our new Nurse Practitioner at our Rincon location. She is originally from Springfield, Georgia. She received her BSN from Georgia Southern University in 2005, graduating Cum Laude and her MSN also, from Georgia Southern University-Armstrong Campus in 2018. Haley has worked in the medical field for almost 15 years, after 12 years in Adult Critical Care, Haley decided to expand her knowledge and become a more independent provider of health care.

Haley has been married to her high school sweetheart for 12 years, they have a 10 year old son, a seven year old daughter and one dog named Walker. Haley describes herself as determined, honest and caring. Her time is spent cheering on her children in their activities, shopping and vacationing.



**Heather Latham** will be our new Nurse Practitioner at our Hinesville locations. She is originally from Kennebunk, Maine, but moved to Savannah from Olympia, Washington. She received her BSN in 2009 from Northwestern State University of Louisiana and her MSN-FNP in 2013 from Frontier Nursing University. Heather has worked in the medical field for over 10 years, her motivation to improve rural health outcomes prompted her to become a Nurse Practitioner.

Heather has been married for 15 years to an Army LTC, they have a set of 12 year old twins and a seven year old. Heather's hobbies are gardening, sewing and beadwork. She describes herself as outgoing, optimistic and a coffee "holic".

# It Can Happen to Anyone: Celebrities Who Have Fought Breast Cancer



## Angelina Jolie

This star-studded actress featured in famous films such as *Tomb Raider* and *Maleficent* has always been very public about her battle with breast cancer. Though she never had it, she did have a mutation in her gene called BRCA1. This gene increases the likelihood of both breast and ovarian cancers, so much so that Jolie had an 87 percent chance of getting breast cancer in her lifetime. In light of this alarming statistic, the actress chose to have a double mastectomy to remove her breasts along with any chance of being harmed by this deadly disease.

Through all of this, Angelina has never shied away from the public eye. She used her voice and her position as a way to support and encourage other women facing the same journey as her.

“I am writing about it now because I hope that other women can benefit from my experience,” Jolie wrote. “Cancer is still a word that strikes fear into people’s hearts, producing a deep sense of powerlessness. But today it is possible to find out through a blood test whether you are highly susceptible to breast and ovarian cancer, and then take action.”

## Robin Roberts

Robin Roberts is well-known for her talent onscreen as co-anchor of ABC’s *Good Morning America*, but she is also well known for her fight against breast cancer. She discovered the breast cancer herself after performing a breast self-exam while working on a tribute to a co-worker who died of colon cancer. After being diagnosed with breast cancer, she struggled with a difficult healing process that involved surgery, eight rounds of chemotherapy, and six and a half weeks of radiation therapy.

Robin’s advice for those who maybe going through something similar? “If stories of survival are not comforting, they will be in time. It’s okay to be selfish. Give yourself a break. Those of us who have been through it knows that it is about you, and it’s okay.”

## Hoda Kotb

Many people are intimately familiar with the breast cancer journey of television personality and *Today Show* co-host Hoda Kotb. She chose to keep her fight against this deadly cancer open to the public by allowing cameras to follow her throughout her treatment. Though her family did not have any history with breast cancer, she discovered she had it through a routine exam at her doctor’s office. She made the decision to go through a mastectomy and reconstructive surgery, which was a difficult and emotional process for her.

However, throughout the process, Kotb developed a mantra to help her push through: “Go forward.” She hopes this phrase will help other women battling against breast cancer.

## Giuliana Rancic

This successful television personality certainly keeps busy hosting red carpet events for award shows like the Golden Globes and the Academy Awards while also creating, starring in, and producing a handful of other television shows. However, in 2011, she faced a diagnosis of early stage breast cancer.

While she and her husband were struggling to have children and undergoing treatment for this, her fertility doctor ordered a mammogram. Through that mammogram, they discovered a tumor in her breast. Rancic first attempted a lumpectomy followed by radiation as a means for a cure, but it failed to kill all of the cancer cells. In the end, she decided on a bilateral mastectomy to clear herself of this disease.

“Everything will be OK in the end. If it’s not OK, it’s not the end.” Rancic commented. “Ever since I was diagnosed with breast cancer, this quote has been my mantra. For those who are fighting now, I will pray for you and hope that the same words that helped pull me through the darkest hours will give you some comfort, too.” “I feel whole; I really do,” Wanda expressed. “Because every day, I get to say, ‘There’s no cancer.’ I’m healthy, and that’s beautiful.”

**19.10.18**

Change the future  
wear it pink ◦

## SCH Employee Spotlight...



**Medical Assistants Recognition Week: October 15-19, 2018**  
**Medical Assistants Recognition Day: October 17, 2018**

Medical Assistants are multi-skilled allied health professionals who perform a wide range of administrative and clinical roles with skill, dedication, and loyalty. They are the central figures in promoting and maintaining cooperative and successful relationships between patients and physicians. Medical Assistants are vital members of the health care delivery system and SCH salutes all of our Medical Assistants.

Kimberly Baker	310 Peds	MA	Tiah Frazier	Cardio	CMA
Nitha Bendele	Hinesville/Bannout	MA	Maria Garcia	RH 89	CMA
Heather Boulineau	Pooler	MA	Tyrena Gleaton	Chronic Care Coord.	CMA
Cherie Bowers	310 Peds	MA	DeShaylay Harris	RH Peds	CMA
Angela Bradley	Hinesville/Tomus	MA	Jennifer Hoffman	RH Peds	CMA
Andrea Cardinal	Bldg. 1	MA	Crystal James	OB/GYN	CMA
Whitney Croft	Rincon	MA	Bonnie Johnson	Bldg. 1	CMA
Olympia Davis	Chatham Ctr.	MA	Paula Larry	Rincon	CMA
Khadijah Dunham	Bldg. 1	MA	Lynn Leibfried	RH 5A	CMA
Sakina Edwards	Chatham Ctr.	MA	Asia Letman	RH 89	CMA
Yadira Figueroa	Rincon	MA	Jessica Miles	Pooler	CMA
Katierine Height	Pooler	MA	Rashonda Milton	Bldg. 1	CMA
Cheryl Jackson	Hinesville/Tomus	MA	Antoinette Moore	RH 89	CMA
Darlene Jasper	310 Peds	MA	Ebbony Murphy	PRN Pool	CMA
Latarsha Jefferson	Pooler	MA	Lakesha Page	Bldg. 1	CMA
Porshea Johnson	RH 89	MA	Lakisha Passmore	Bldg. 1	CMA
Kimberly King	OB/GYN	MA	Kelli Phelps	OB/GYN	CMA
Iris Ledesma	RH 89	MA	Tanasha Quarterman	RH Peds	CMA
Shatheria Lewis	Allergy	MA	Aja Reynolds	OB/GYN	CMA
Audrey Marshall	310 Peds	MA	Shanira Robinson	Bldg. 1	CMA
Keishawna Mikell	Neph	MA	Arianna Ross	Chatham Ctr.	CMA
Tanya Mullings	RH 89	MA	Cassandra Satterwhite	RH Peds	CMA
Kinjal Patel	RH Peds	MA	Kenya Scott	Bldg. 1	CMA
Patricia Patrick	Surgery	MA	Schanequa Scott	OB/GYN	CMA
Tonjia Patterson	Bldg. 1	MA	Ashiya Sheppard	OB/GYN	CMA
Karen Payton	Cardio	MA	Bernadette Smith	Cardio	CMA
Pat Shareef	Bldg. 1	MA	Brittany Sommers	Hinesville/Tomus	CMA
Stephanie Singleton	OB/GYN	MA	Shamika Tolbert	Bldg. 1	CMA
Leah Stanley	PRN Pool	MA	Jacqueline Tootle	Bldg. 1	CMA
Elizabeth Street	Chatham Ctr.	MA	Minh-Hieu Tran	Bldg. 1	CMA
Angela Tillman	Hinesville/Bannout	MA	Nychelle Walker	PRN Pool	CMA
Sandra Vranich	Bldg. 1	MA	Jessica Weaver	RH Peds	CMA
Nakita Wade	Bldg. 1	MA	Sandrine Whitlock	Pooler	CMA
Geanita Williams	Chronic Care Coord.	MA	Dauida Williams	PRN Pool	CMA
Michelle Williams	Neph/SC	MA	Julita Wright	Bldg. 1	CMA
Sabrina Williams	Bldg. 1	MA	Shonique Wright	Neph	CMA
Nashyia Winbush	Cardio	MA	Karen Dewberry	RH 89	RMA
Shatobia Bisard	Cardio	CMA	Jessica Forkey	Hinesville/Bannout	RMA
Niesha Burns	Pooler	CMA	Saprina Givhan	OB/GYN	RMA
Janae Carter	Hinesville/Tomus	CMA	Frances Heffinger	Pooler	RMA
Raynelle Cooper	PRN Pool	CMA	Angie Jones	Bldg. 2	RMA
Latangi Craddock	RH Peds	CMA	Shana Macon	Bldg. 2	RMA
Allison Durden	RH 89	CMA	Sannette Pusha	Chatham Ctr.	RMA
Tazania Ervin	RH Peds	CMA	Tanya Swanigan	Chronic Care Coord.	RMA
			Catherine Whiddon	Allergy	RMA

**Medical Assistants are at the Heart of Health Care**

**Healthy High-Fat Foods**



**Employees enrolled in SouthCoast Wellness Program, who attend this informative “Munch and Learn” session will receive “50” Lunch and Learn Healthtrax points.**

**Theme: “What The Fat”**

**Location**

**Date/Time**

<b>Pooler</b>	<b>Tuesday, Oct. 9th, 12:00 pm-12:30 pm</b>
<b>Chatham Ctr.</b>	<b>Wednesday, Oct. 10th, 12:30 pm-1:00 pm</b>
<b>RH 89</b>	<b>Thursday Oct. 11th, 12:00 pm-12:30 pm</b>

**SCH... DATES TO REMEMBER & UPCOMING EVENTS!**

For the month of October, staff will be allowed to dress down each Friday (5th, 12th, 19th and 26th), by donating \$3.00 cash for United Way.

**Please keep in mind that tops and jeans should be acceptable attire for the work place.**

November will be dress down Friday’s to support Second Harvest-\$3 per Friday or non-perishable food items.

December will be dress down Friday’s for Toys for Tots and Mysterious Santa-\$3 per Friday or a \$5.00 toy (unwrapped).



*Holiday Casino Royale*



*Join us for a night of music, Hors d’oerves  
Casino games, and prizes.*

*Saturday, December 8, 2018*

*7:00 pm to Midnight*



*Savannah Marriott Riverfront*

*100 General McIntosh Blvd*

*\*Cocktail attire... dress to impress*

*\*Please bring a toy for ‘Toys for Tots’ for a chance to win a prize*

Please RSVP at the following link-<https://www.surveymonkey.com/r/SCHP2018>

Link will be active November 1st – 30th



**Savannah Marriott will have rooms available for a discounted rate of \$109.**

**Please call 800-285-0398! Use code: SouthCoast Health**

# HR CORNER

## Looking to move up without moving out???

... check out some of the job openings available right here at SCH!

- Patient Representative-RH Peds
- PTE Patient Representative-Chatham Ctr.
- PRN Patient Representative
- PTE Scheduler-Pooler
- Systems Administrator II
- PTE Nurse Practitioner-Urgent Care
- Medical Assistant-Surgery/Bldg. 2
- LPN-Rincon/310 Peds
- Medical Asst./LPN-Urgent Care
- PTE Radiology Tech-Urgent Care
- PRN Lab Assistant

\*\*\*Internal candidates, please be aware that you must inform your current supervisor if you are interested in another position and would like to apply for it.

Human Resources would like to announce that Administration will be giving out a new award this year at the holiday party. This year, we would like to have a Manager/Supervisor of the Year. I would like to invite you to nominate any supervisor or manager that you believe is an exceptional manager. Your nomination will be taken into consideration when the Executive Team looks at the criteria and determines who deserves to be Manager of the Year. Please have your submissions into HR by November 16<sup>th</sup>. Nominations past this date will not be accepted. Thank you! Nominations can be emailed, sent interoffice or faxed to 912-303-3596.

### Manager of the Year

### Nomination Form

2018

Please nominate one manager/supervisor for his/her contributions that exceed expectations for the criteria below. Important- Include supporting remarks to tell why the nominee is deserving of the award.

Manager's Name: \_\_\_\_\_ Department/Location: \_\_\_\_\_

Nominator's Name: \_\_\_\_\_

#### Please elaborate how this nominee:

1. How he/she models professional and competent work ethics.
2. Participates in the advancement of SouthCoast Health's mission and goals.
3. Practices effective communication both verbally and written.
4. Empowers members of their work team to grow and be successful and recognizes their efforts.
5. Exhibits a positive attitude towards providers, employees, patients, and work demonstrated by availability, cooperation, courtesy, friendliness, helpfulness, and presence on the job.
6. Participates beyond the scope of regular duties.
7. Creates a lasting positive impact on department/organization on a consistent basis.

*\*\*Please include any testimonials from patients, colleagues, or others.*

# October 2018

## ANNIVERSARIES

### 1 Year

Alsaysa Hejny  
Raynelle Cooper  
Stacey Moore  
Audrey Taylor  
Shasha McDonald  
Joyce Foster  
Paul Mitchell

### 2 Year

Francina Lynch  
Glenda Grayes  
Ashley Braxton  
Lanecia Givens  
Latisha Hurd

### 3 Year

Courtney Morton

### 4 Year

Ebony Rivers  
Shaquanda Sims  
Heather Boulineau

### 5 Years

Rachael De Ring  
Kristen Chmela

### 6 Years

Tikisha Robinson  
Courtney Pierre  
Kay West

### 7 Years

Dr. Michelle Wilson  
Melanie Gunter  
Katherine Height

### 8 Years

Dr. Helen McIntosh  
Dr. Melanie Helmken  
Dr. Glen Scarbrough  
Billie Tillman-Wood  
Denise Carlier  
Heather Fields  
Kimberly King  
Lesia Trice

Darlene Yarbrough

Cynthia Sanks  
Angela Wright  
Judy Ochsner  
Rachel Toraya  
Patricia Woods  
Diane Davis  
Regina Smith

### 11 Years

Kelly Brickey  
Donna Kirksey  
Allison Zipperer

### 12 Years

Dr. Thomas Moriarity  
Dr. Russell Sliker

### 13 Years

Dr. Edward Hoffman  
Brooke Stubbs

### 15 Years

Carol Davis

### 18 Years

Audrey Marshall

### 19 Years

Lashell West-Dixon

### 21 Years

Dr. Douglas Hanzel  
Dr. Patricia Shapiro  
Liz Boston  
Kimberly Zorbo

### 22 Years

Sallie Cunningham



## BIRTHDAYS

2 Dr. Robert Weeks	12 Darlene Jasper	22 Nikki Grant
2 Dr. Michelle Wilson	12 Caitlyn Porter	23 Jean Spell
2 Robbie Hill	13 Latosha Lee	23 Denise Carlier
4 Dr. Bhavesh Patel	14 Megan Balcom	23 Juan Hughes
4 Christina DeLoach	14 Danielle Lewis	24 Richard Noble, II
5 Sarah Rowe	15 Tina Smith	24 Angela Bradley
5 Dr. Hy Sussman	15 Kristin Keel	24 Jennifer Shore
6 Dr. Wallace Holland, Jr.	15 Christina Marsh	24 Tanasha Quarterman
6 Judy Irvin	16 Chiquita Kelley	24 Tonya Dubose
6 Lillie Simmons	16 Dr. Ana Concepcion	25 Angela Young
6 Glenda Murrell Grayes	16 Marla Miller	25 Linda Hine
7 Sallie Cunningham	16 Latavia Waddell	25 Kelly Stahl
7 Hope Davis	18 Dr. William Webb	27 Ebony Williams
8 Yevette Chaplin-Riley	18 Joy Hawkins	28 Lisa Bettio
8 Jeanine Onischuck	19 Shatheria Lewis	28 Cynthia Driggers
10 Sonya Kersey	20 Rachel Schwartz	28 Ebony Rivers
10 Dr. Patricia Shapiro	20 Lanecia Givens	29 Melinda Williams
10 Annie White	21 Yadira Figueroa	30 Minh-Hieu Tran
11 Dr. Nathan Fergus	21 Beverly Flanagan	30 Carolyn Blanton
12 Tiffany Thomas	21 Susie Brown	31 Christine Johnson